



Thanksgiving Fitness Center Schedule

Thanksgiving Day 7:00am to 12:00noon

Friday Nov. 24th - 8:00am to 7pm

<u>Group X Schedule</u>			
<u>Thanksgiving Day</u>	8:30am 9:15am	Cardio Kickboxing Strength	Danielle Danielle
<u>Friday</u> 11/24	8:30am 9:15am	Strong Barre	Kim L. Kim L.